



CENTER OF ORTHOPAEDICS AND TRAUMATOLOGY  
UNIVERSITY HOSPITAL BRANDENBURG / HAVEL



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BRANDENBURG  
MEDICAL SCHOOL

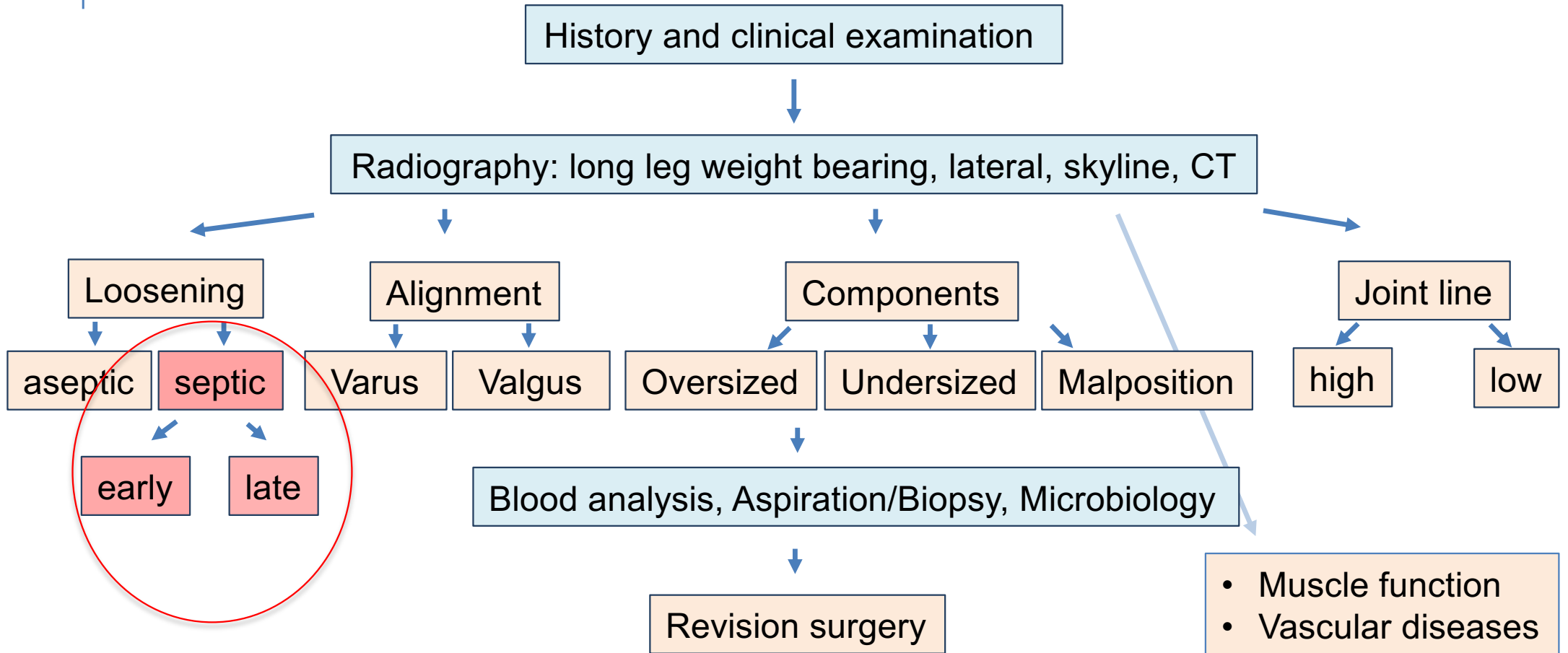
# Periprosthetic Joint Infection

## Diagnosis, Biology, Imaging

ROLAND BECKER



# PAINFUL TKA



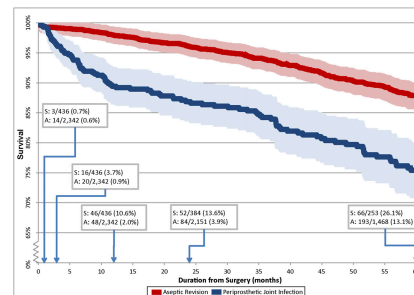
# INCIDENCE = 0.6% (KNEE 1.1%)



- 65% of PJI within first year  
early=31%  
chronic late = 56%  
acute hematogenous = 13%
- Most common organism **Staph. aureus and epidermidis**
- Increase risk of infection in patients with BMI>40kg/m<sup>2</sup>



Significant increase in mortality rate



Pulido et al. CORR 2008, Zmistowski COOR 2013,

# PREDISPOSING FACTORS



Anemia (F<12g/l, M<13g/l)	
Cardiac disease	OR=4.46
Diabetes (HbA1c $\leq$ 8)	OR=1.61
Hyperglycaemia	
Chronic renal disease	OR=1.91
Malnutrition	
BMI > 40kg/m <sup>2</sup>	
ASA score > 2	OR=2.06

# PERIPROSTHETIC JOINT INFECTION



## Early infection

- direct contamination
- Mature biofilm after 3 weeks
- Important for management
- DAIR

## Delayed infection

## Late infection

Exchange of the TKA

# DEFINITION PJI



1. Sinus tract communication with the prosthesis
2. Pathogen isolated by culture from 2 tissue or fluid samples
3. Four of the following criteria exist:
  - a: Elevation of erythrocyte sedimentation rate (ESR) and CRP
  - b: Elevation of synovial leukocyte count ( $>2000\mu\text{L}$ )
  - c: Elevation of neutrophil percentage ( $>80\%$ )
  - d: Purulence in the affected joint
  - e: Isolation of a microorganism in one culture of periprosthetic tissue or fluid
  - d: Greater than five neutrophils per high-power field in five high-power fields observed from histological analysis of periprosthetic tissue x400 magnification



# ORGANISM



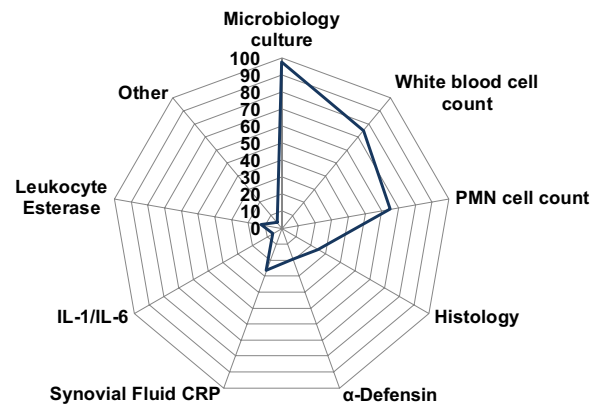
<b>Bacteria</b>	<b>Frequency</b>
Staphylococcus	50 – 60 %
Gram-negativ, aerobe Stäbchen	20 %
Streptococcus	10 - 15 %
Mixed bacterial infection	10 - 15 %
Anaerobier	7 - 10 %
other	2 %

# EKA— SURVEY 2016

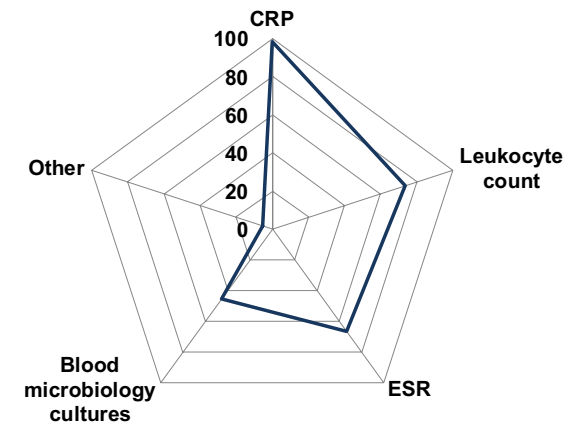


262 responder = 31575 TKA

## Most common synovial fluid test



## Most common tested serum parameters





# JOINT ASPIRATION



Joint aspiration



Gram staining



Culture for 10-14 days



# JOINT ASPIRATION



## Comparison of infected versus non infected knees

	Infected knees	Non infected knees
Aspiration days after surgery	20.8 <sub>±</sub> 7.6	15.9 <sub>±</sub> 10.5
ESR (mm/hr)	80 <sub>±</sub> 29	75 <sub>±</sub> 30
CrP (mg/dL)	171 <sub>±</sub> 127	88 <sub>±</sub> 75
Synovial fluid (WBC count (cells/ $\mu$ L))	92600 <sub>±</sub> 127000	4200 <sub>±</sub> 5700
Polymorphnuclear cells (%PMN)	89.6 <sub>±</sub> 20.6	76.9 <sub>±</sub> 21.2

# JOINT ASPIRATION



## Comparison of infected versus non infected knees

	Sensitivity	Specificity
<b>CRP</b> – Threshold $\geq$ 166 mg/dL	16% (9-23%)	94% (90-99%)
Threshold $\geq$ 95 mg/dL	68% (60-70%)	66% (57-74%)
Synovial fluid (WBC) $\geq$ 10700 cells/ $\mu$ L	95% (91-98%)	91% (87-96%)
Synovial fluid (WBC) $\geq$ 27800 cell/ $\mu$ L	84% (78-90%)	99% (98-100%)
Polymorphnuclear cells (%PMN) Threshold $\geq$ 89%	84% (78-90%)	69% (62-77%)

# SYNOVIAL BIOMARKERS

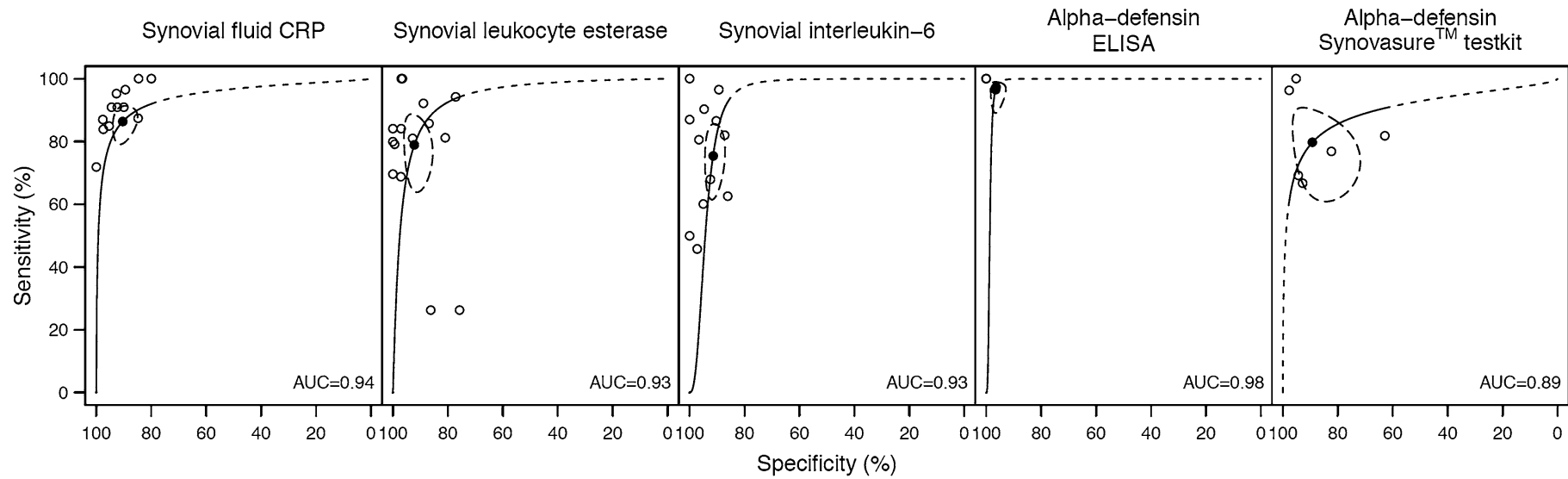


- C-reactive protein (sCRP)
- Interleukin-6 (sIL-6)
- Leukocyte esterase (sLE)
- Alpha defensin

ELISA alpha defensin test

Synovasure™ alpha-defensin test kit

# SYNOVIAL BIOMARKERS

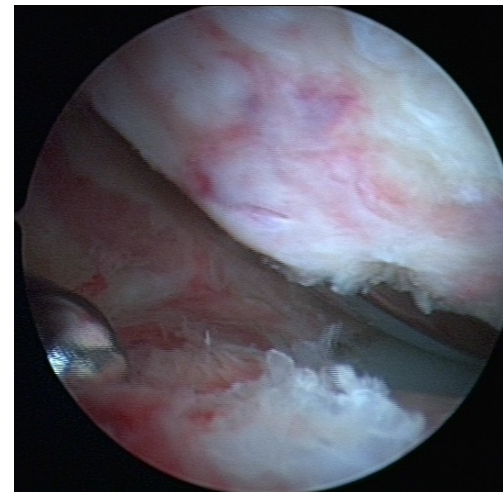
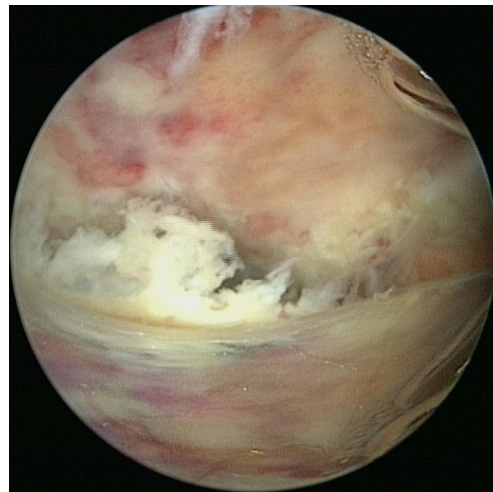


# BIOPSY



A) Puncture of the joint using a punch → low sensitivity (50-60%)

B) Arthroscopy: 5 samples for microbiology → sensitivity > 80%



# DIAGNOSTIC TESTS

## Blood test

- White blood cell count (WBC)
- Erythrocyte sedimentation rate (ESR)
- Interleukin 6
- C-reactive proteine

## Nuclear diagnosis

- Positron emission tomography (PET-scans)
- Anti-granulocyte antibodies (AGS)
- Triple phase bone scan (TPB)

## Synovial test

- White blood cell count (EBC)
- White blood cell differentiation

## Histopathology

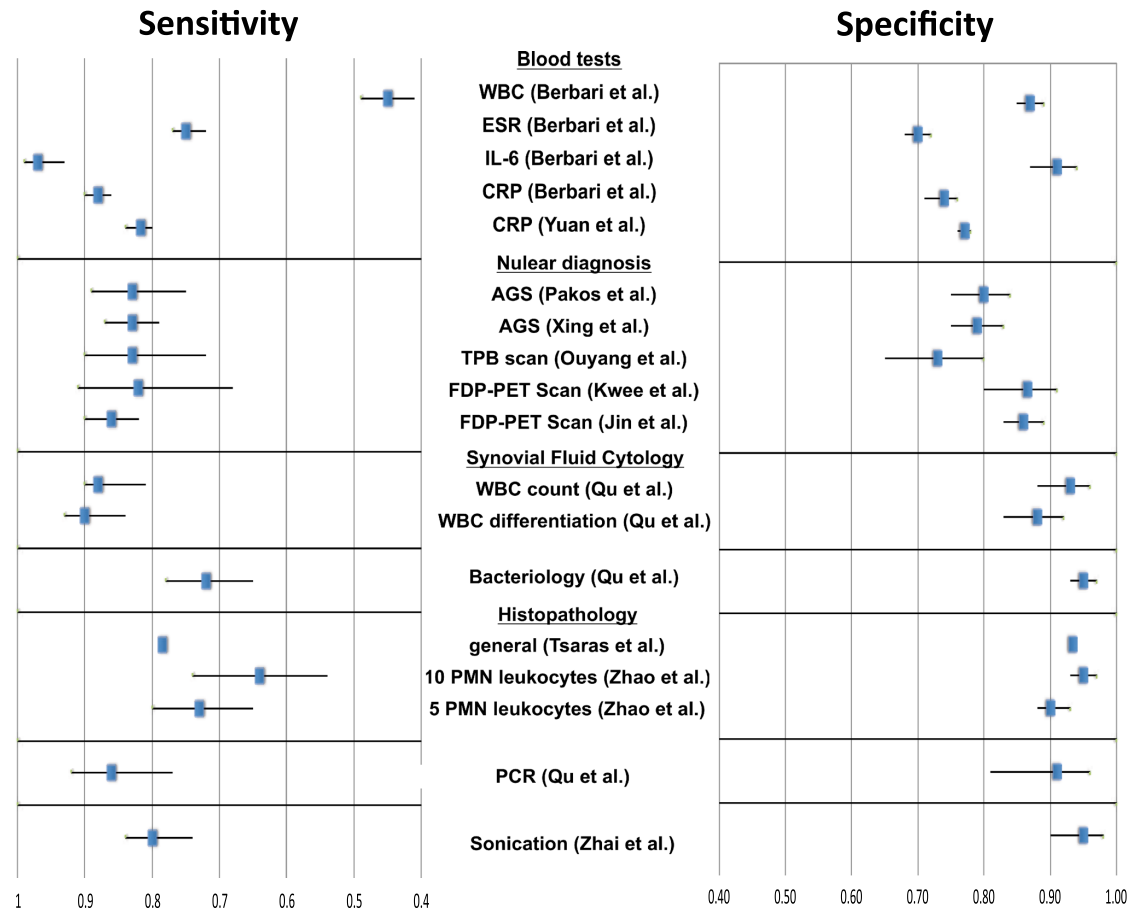
- General tissue
- Polymorphonuclear leukocytes

## Bacteriology

## PCR

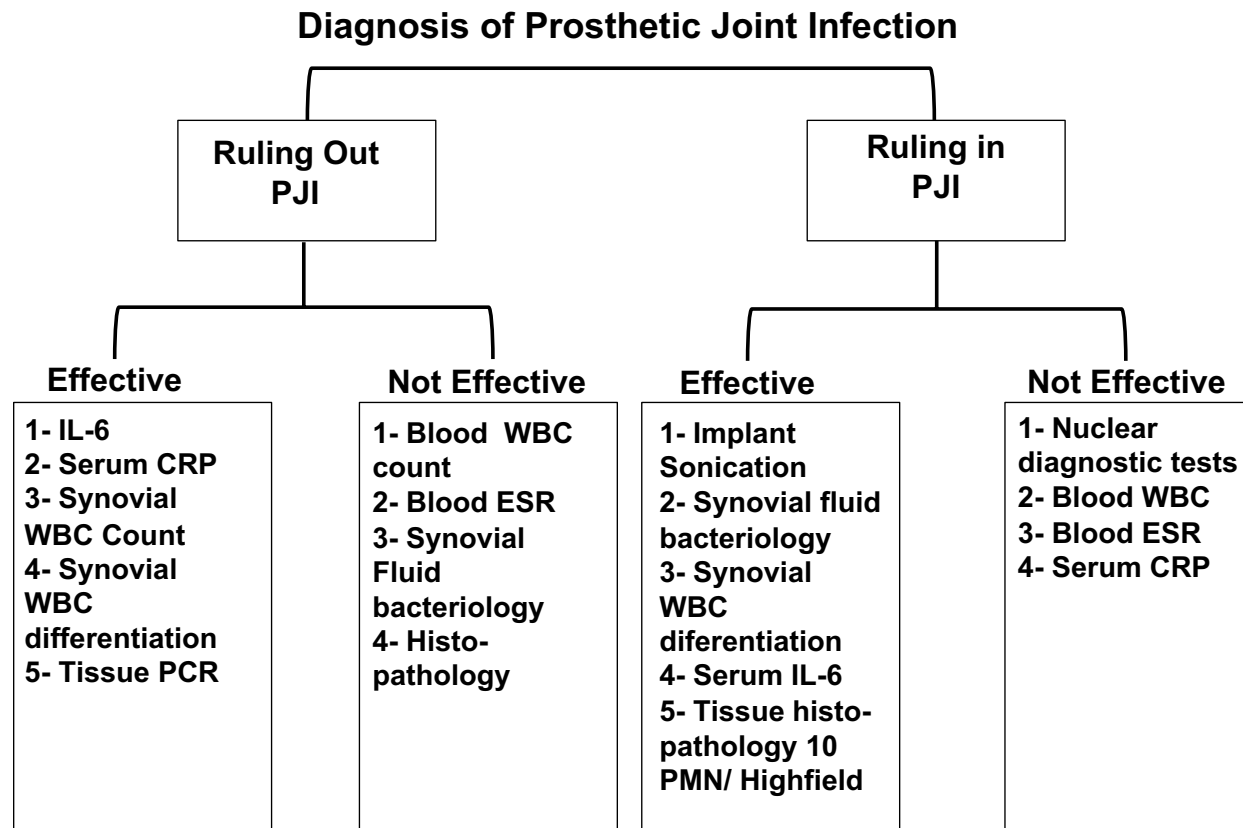


# DIAGNOSTIC TESTS





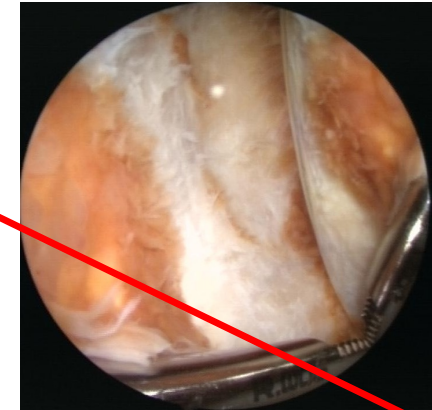
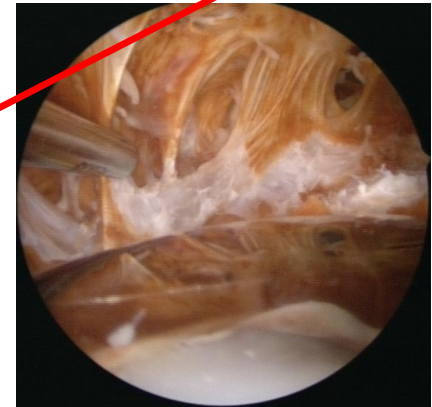
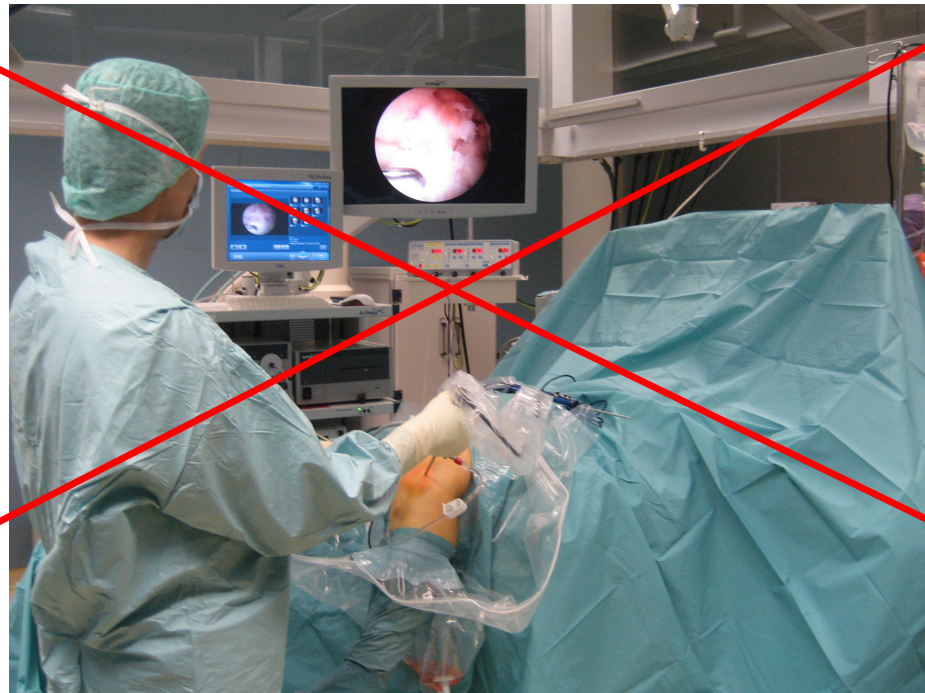
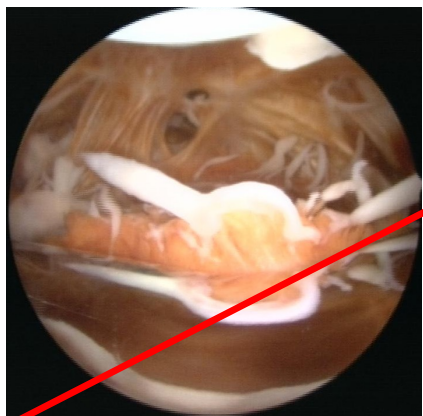
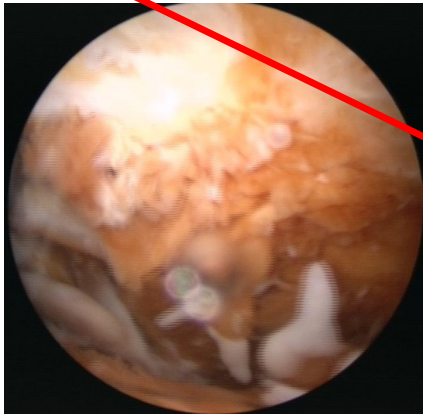
# DIAGNOSTIC TESTS



# ARTHROSCOPY



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# DAIR – Debridement, antibiotics, implant retention



**Timing: < 4 weeks after surgery**



- Success rate 65% (range 31-90%)
- Superficial infection more likely to be treated successfully
- High risk of failure in hematogenous infections when WCC  $>10 \times 10^9/L$
- Treatment as early as possible
- Failure rate higher (up to 34%) when patients were treated initially with DAIR

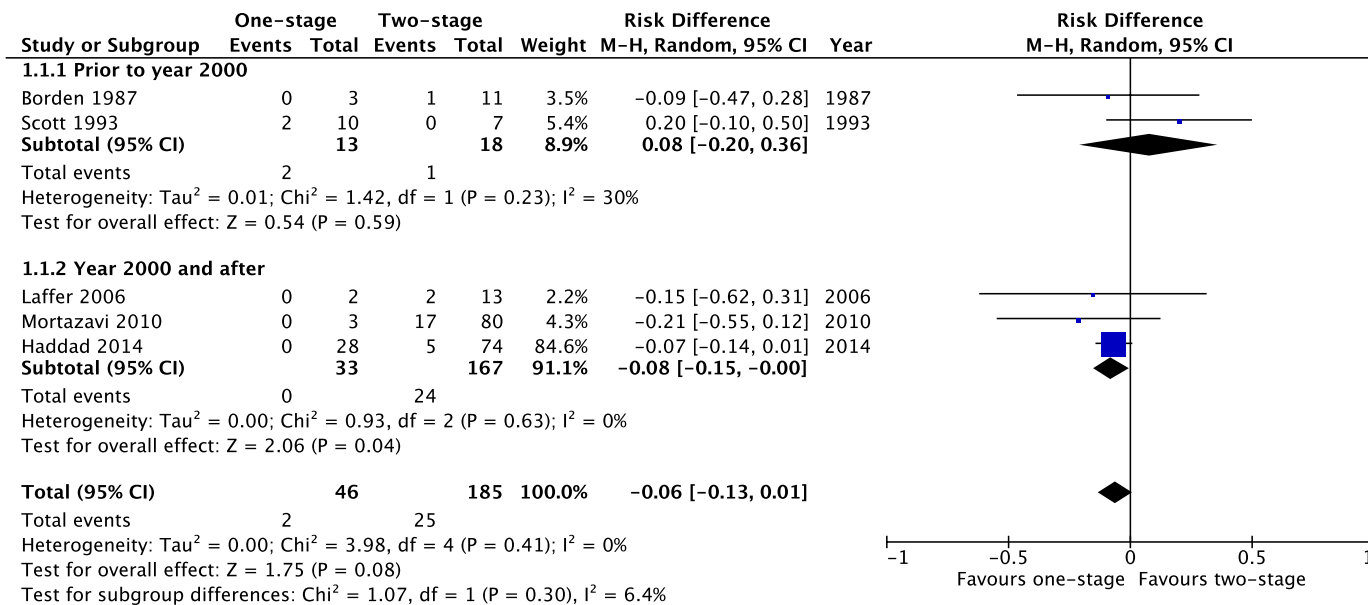
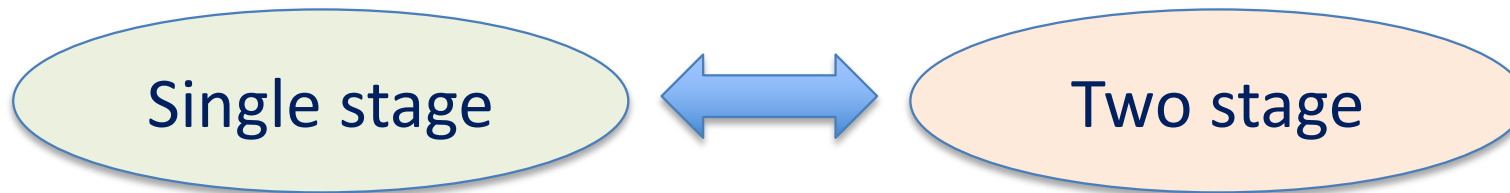
# DAIR – Debridement, antibiotics, implant retention



## Surgical technique

1. Patients consent for exchange of the TKA
2. No tourniquet
3. Use the same skin incision and approach
4. Removal of all suture material
5. Take **5 biopsies**
6. Complete synovectomy, but preserve the joint capsule
7. Use pulse lavage
8. Change gloves and instruments
9. Use intraarticular drainage routinely

# EXCHANGE OF IMPLANTS



# SUMMARY

## More than 1 criterium = PJI

1. Sinus tract or purulence around the implant
2. Synovial leukocyte count: > 2000/ $\mu$ l Leukocytes or  
> 70% granulocytes (PMN)
3. Periprosthetic tissue shows inflammation
4. Microbiology: Microb. Growth in synovial fluid  
 $\geq$  2 tissue samples  
Sonication fluid (>CFU/ml)

# SUMMARY

	Acute PJI ( < 3-4 weeks)	Chronic PJI
Clinical signs	Acute pain Fever Redness, swelling Prolonged wound oozing	Chronic pain Sinus tract loosening
Microorganism	<b>High-virulent:</b> Staphylococcus aureus Gram-negative bacteria (E.coli, Klebsiella, Enterobacter, Pseudomonas aeruginosa)	<b>Low-virulent:</b> Coagulase-negative staph. (Staph. Epidermidis, Cutibacterium (Propionibacterium))
Surgery	Debridement, exchange of mobile parts	Exchange of the protheses

A Trampuz, Pro-Implant Foundation

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# **Pocket Guide to Diagnosis & Treatment of Periprosthetic Joint Infection (PJI)**



Version 9:  
October 2019

Contact our Consultation Portal for individual recommendations or Register for PRO-IMPLANT Workshops: [www.pro-implant.org](http://www.pro-implant.org)

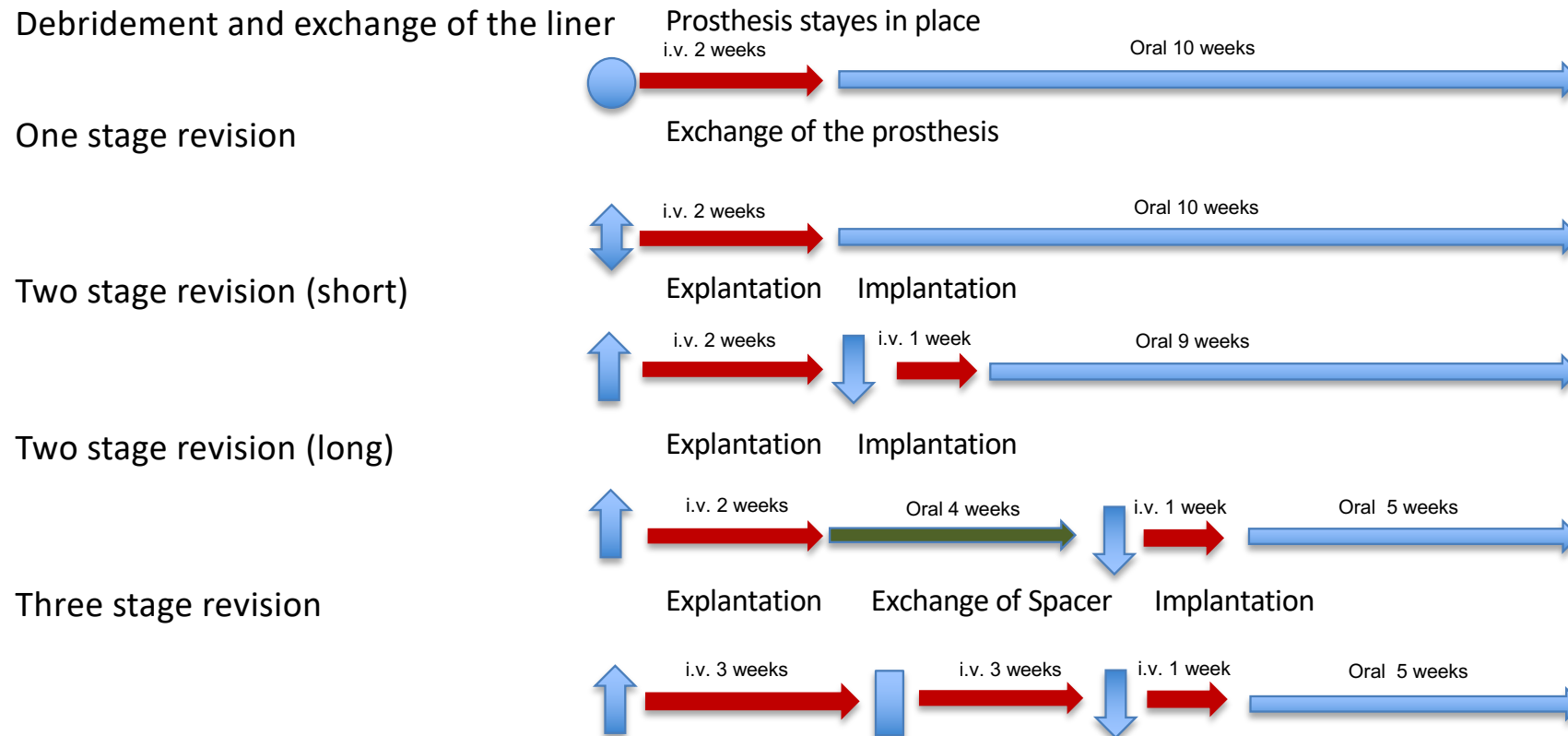


# SURGICAL MANAGEMENT (A. Trampuz 2017)



## Management

## Surgery



# ANTIBIOTIC THERAPY



Micro-organism	Antibiotics <sup>†</sup>	Dosage	Route
<i>Staphylococcus</i> spp. Methicillin-sensible	Initial therapy (2 wk)		
	Rifampin plus	450 mg (2x/d) <sup>†</sup>	PO
	Flucloxacillin <sup>†</sup>	2 g (4x/d)	IV
	Methicillin-resistant	Rifampin plus	450 mg (2x/d) <sup>†</sup>
Vancomycin <i>or</i>		15 mg/kg (2x/d) <sup>§</sup>	IV
Daptomycin		8-10 mg/kg (1x/d) <sup>  </sup>	IV
<i>Staphylococcus</i> spp.	Followed by		
	Rifampin plus	450 mg (2x/d) <sup>†</sup>	PO
	Levofloxacin <i>or</i>	750 mg (1x/d) <i>or</i> 500 mg (2x/d)	PO
	Ciprofloxacin <i>or</i>	750 mg (2x/d)	PO
	Teicoplanin <i>or</i>	400 mg (1x/d) <sup>  </sup>	IV
	Fusidic acid <i>or</i>	500 mg (3x/d)	PO
	Trimethoprim <i>or</i> sulfamethoxazol <i>or</i>	1 Tablet forte (3x/d)	PO
	Minocyclin <sup>  </sup> <i>or</i>	100 mg (2x/d)	PO
	Linezolid <i>or</i>	600 mg (2x/d)	PO
	Clindamycin <sup>†</sup>	1200-1350 mg/d in 3-4 doses	PO
<i>Streptococcus</i> spp. <sup>**</sup>	4 wk		
	Penicillin G <sup>‡</sup> <i>or</i>	20-24 Mio U/d (4-6 doses)	IV
	Ceftriaxone	2 g (1x/d)	IV
	Followed by		
	Amoxicillin <i>or</i>	1000 mg (3x/d)	PO
Clindamycin <sup>†</sup>	1200-1350 mg/d in 3-4 doses	PO	
<i>Enterococcus</i> spp. <sup>††</sup>	Penicillin G <sup>‡‡</sup> <i>or</i>	20-24 Mio E/d in 4-6 doses	IV
	Ampicillin <i>or</i> Amoxicillin <sup>††</sup>	2 g (4-6x/d)	IV
Penicillin-resistant	Vancomycin <i>or</i>	15 mg/kg/d <sup>§</sup>	IV
	Daptomycin <i>or</i>	8-10 mg/kg/d <sup>  </sup>	IV
	Linezolid	600 mg (2x/d)	IV <i>or</i> PO
	Enterobacteriaceae	Beta-lactam for 2 wk <sup>§§</sup> followed by Ciprofloxacin	750 mg (2x/d)
<i>Enterobacter</i> spp. <sup>  </sup> and Nonfermenter <sup>††</sup> (eg. <i>Pseudomonas aeruginosa</i> )	Cefepim <i>or</i>	2 g (3x/d)	IV
	Ceftazidim <i>or</i>	2 g (3x/d)	IV
	Meropenem	1 g (3x/d) <sup>¶¶</sup>	IV
	for 2-4 wk, followed by Ciprofloxacin	750 mg (2x/d)	PO
<i>Propionibacterium</i> spp.	Penicillin G <i>or</i> <sup>††</sup>	20-24 Mio E/d in 4-6 doses	IV
	Clindamycin for 2-4 wk, followed by	1800-2400 mg/d in 3-4 doses	IV
	Amoxicillin <i>or</i>	750 <i>or</i> 1000 mg	PO
	Clindamycin <sup>††</sup>	1200 <i>or</i> 1350 mg/d in 3-4 doses	PO
Gram-negative anaerobes (eg. <i>Bacteroides</i> spp.)	Metronidazole	500 mg (3x/d)	IV <i>or</i> PO
Mixed infections without MRSA	Ampicillin <i>or</i> Sulbactam <i>or</i>	3 g (4x/d)	IV
	Amoxicillin <i>or</i> Clavulanic acid <i>or</i>	2.2 g (3x/d)	IV
	Piperacillin <i>or</i> Tazobactam <i>or</i>	4.5 g (3x/d)	IV
	Imipenem <i>or</i>	500 mg (4x/d)	IV
	Meropenem	1 g (3x/d) <sup>¶¶</sup>	IV

# Thank You



Michael T. Hirschmann  
Roland Becker *Editors*

## The Unhappy Total Knee Replacement

A Comprehensive Review  
and Management Guide

Hirschmann · Becker *Eds.*



The Unhappy Total Knee Repl

Hirschmann  
Becker  
*Editors*  
**The Unhappy Total  
Knee Replacement**  
A Comprehensive Review  
and Management Guide

Owing to improved understanding of biomechanics and tribology and advances in implant design and treatment technique, total knee arthroplasty (TKA) is considered a very successful treatment for osteoarthritic knees. Nevertheless, a significant minority of patients are unhappy with the outcome, complaining of pain, instability, swelling, or reduced range of motion. This book addresses the need for improved diagnostic and treatment guidelines for this challenging group of patients.

The book opens by discussing the basics of TKA and the various causes of failure and pain. Diagnostic aspects are considered in detail, with attention to advances in clinical investigation, laboratory analysis, and, in particular, imaging techniques. Furthermore, state of the art diagnostic algorithms are presented that will assist in identifying the source of the problem in individual cases. Specific pathology-related treatment options, including conservative approaches and salvage and revision TKA strategies, are then explained, with identification of the pitfalls and key points of each treatment. Future perspectives are briefly considered, and a series of cases are presented that cover clinical scenarios frequently encountered in daily clinical practice.

The evidence-based, clinically focused guidance provided in this book, written by internationally renowned experts, will assist surgeons in ensuring that patients with an unsatisfactory result of TKA receive the most effective management. The book will also be helpful for general practitioners, physiotherapists, industry technicians, and engineers.

Orthopedics, Surgical Orthopedics  
& Sports Medicine



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